

*Take a Break from the*  
**HOLIDAY STRESS**  
*and*  
**DE-STRESS!**

---

The Gurwin Family of Healthcare Services  
invites you to join us for

*Meditation & Mindfulness*

**A DINNER EVENT FOR SOCIAL WORKERS**

Tuesday, December 11, 2018 • 5:30 pm - 7:30 pm

**Speakers**

Paula Pagan, LCSW-R & Brian Andrew Tully, Esq.

**Location**

Gurwin Jewish ~ Fay J. Lindner Residences  
Assisted Living Community  
50 Hauppauge Road • Commack

**CE for Social Workers- 2 credits**  
**Share with your fellow**  
**social workers & colleagues**

Advance Registration is **REQUIRED**  
as space is limited.

**RSVP by 12/4 to**

Gloria Matos at [register@tullyelderlaw.com](mailto:register@tullyelderlaw.com)

*Be sure to provide your full name, address,  
phone and license numbers*



**Please bring your business card to enter our free raffle!**